

**EXPRESSION OF INTEREST FOR RANI LAXMIBAI ATMA RAKSHA PRASHIKSHAN - SELF
DEFENSE TRAINING UNDER SAMAGRA SHIKSHA, A.P. FOR GIRL STUDENTS - 6th TO
8th (ELEMENTARY) AND 9th TO 12th (SECONDARY) CLASSES OF SCHOOLS AND
INTERMEDIATE COLLEGES UNDER GOVERNMENT MANAGEMENT IN ANDHRA
PRADESH FOR THE YEAR 2022-23**

OFFICE ADDRESS:

THE STATE PROJECT DIRECTOR,
SAMAGRA SHIKSHA ,
K.B.C ZILLA PARISHAD HIGH SCHOOL (B) PREMISES
HIGH SCHOOL ROAD, PATAMATA,
VIJAYAWADA - 520 010.
ANDHRA PRADESH

**EXPRESSION OF INTEREST FOR RANI LAXMIBAI ATMA RAKSHA PRASHIKSHAN -
SELF DEFENSE TRAINING UNDER SAMAGRA SHIKSHA, A.P. FOR GIRL STUDENTS
OF 6th TO 8th (ELEMENTARY) AND 9th TO 12th (SECONDARY) CLASSES OF
SCHOOLS AND INTERMEDIATE COLLEGES UNDER GOVERNMENT MANAGEMENT IN
ANDHRA PRADESH FOR THE YEAR 2022-23**

INVITING PROPOSALS:

The State Project Director, Samagra Shiksha, Andhra Pradesh invites Expression of Interest (EOI) from interested and eligible organizations/firms in the field of Rani Laxmibai Atma Raksha Prashikshan- Self Defense Training programme for Girl Students of 6th to 8th (Elementary) and 9th to 12th (Secondary) classes of Schools under Government management and Intermediate Colleges (under Government management) in Andhra Pradesh. Agencies / Organization will be selected based on the evaluation of proposal submitted by the Training Partners in response to the EOI.

**State Project Director,
Samagra Shiksha, Andhra Pradesh**

1. PREAMBLE:

Empowering the girl student to fight back against crime is the aim of this training programme. Even in this modern era, violence against girl students is common and there comes the need to learn the techniques of self-defense. Girl student needs to learn practical defense techniques in a safe environment from experienced and friendly martial arts instructors. Under Samagra Shiksha, this programme for girl students is a great way to relieve stress and learn valuable self-defense skills.

This program blends a great physical workout with practical real-life self-defense techniques and is ideal for girl students. Samagra Shiksha provides realistic, effective self-defense training for girl students studying in Govt. Schools and Colleges of 8th, 10th, 11th and 12th classes. The girl students get awareness, prevention, risk reduction, risk avoidance and self-realization of their own physical power through this training. These tools greatly increase personal protection options to combat crime. When one can recognize and respond effectively to potentially dangerous situations, they are more confident in their everyday activities. The purpose of the training is to provide the student with short-term goals of self-protection that reinforce the long-term goal of earning the black belt.

At this backdrop, the school going girl students are the worst sufferers and they have every chance of being affected. Sometimes, the girls have to travel alone on a long way from their home to reach a Secondary or Higher Secondary School either on foot or by bicycle or by bus. The parents habitually stoop to this apprehension and restraint the girl children to attend schools regularly. Herein lay chances of dropout the girls from their secondary or higher secondary schools.

The State Project Director, Samagra Shiksha is keen to outsource the entire Training delivery to **Private Martial Art Training Academies or Institutions as partners** for the roll out. These **Private Martial Art Training Academies or Institutions should be able to provide training instructors** to give training in Self defense in the selected schools and colleges for about 6302 Govt. Schools/Colleges. The Project will be jointly funded by Central Government and the State Government.

This Expression of interest is intended to shortlist the partners for providing following 3 months self-defense training in all the Government High Schools/Colleges situated in the State of Andhra Pradesh for the girl students of 6th to 8th (Elementary) and 9th to 12th (Secondary) classes of Schools and Intermediate Colleges under Government management. The actual figure of schools/colleges may vary at the time of final allocation.

2.PROGRAMME:

The entire programme is scheduled for 3 months during the academic year 2022-23 covering 30 classes and duration of each class shall be 90 minutes. The course will be provided mainly on the techniques of self-defense to the girl students.

The Karate training taught through the Self defense programme, not only fights the external enemies but also fights the inner enemies such as anger, frustration, temptations and helps to face the problems of life with confidence and ease.

3. THE SYLLABUS FOR THE SELF DEFENSE SKILLS TRAINING:

Training Aspects:

Training in the dojo (Training hall) is different in its methods. This involves keeping to a strict time-table accepting the rhythm of group work with the presence of an instructor who will guide their progress in stages and correct their mistakes. The girl students enter the class after the rituals and respect paid with sincerity to the training hall and Instructor. The students are expected to follow a code of strict discipline throughout the class.

- 3.1. Historical background of karate-do and principles of ki-ai (super power); vulnerable areas of the body.
- 3.2. Body conditioning and flexibility exercises.
- 3.3. Different types of stances, punches, hokos and balancing; blocking techniques (uke-waza) and kicks.
- 3.4. Different Katas (forms).

- 3.5. Complete basic karate, perfect kicks, blocks and attacks with movements.
- 3.6. Self-defense tactics. Advanced exercises of Kumites.
- 3.7. Ippon-kumite (one-step sparing techniques).
- 3.8. Samban-kumite (three-step sparing techniques).
- 3.9. Kyo-kushi-kukumite [1-3] (pre-planned fighting).
- 3.10. No-contact fighting.
- 3.11. Ju-kumite (full-contact fighting with guards).
- 3.12. Shiahi-kumite (contest-sparing techniques).
- 3.13. Very high proficiency in performance of karate basic, fighting and Kata
- 3.14. Specialization training can be (a) Katas, (b) karate teaching methods, (c) Shiai (contests) or (d) Kobudo weapons training.
- 3.15. First month 1-3; second month 4-9 and third month 10-14 techniques.

5. SERVICE TERMS:

Following Service Level Terms will have to be adhered by the selected Martial Arts Training Institution.

- 5.1 Complete the syllabus as per the timeline.
- 5.2 Conduct practical sessions as per the syllabus.
- 5.3 Facilitate good exposure of self defense by the girls.
- 5.4 Arrange/facilitate the training keeping in view of the future sustenance of the training.

6. TIMINGS OF THE SELF DEFENSE CLASSES:

- 6.1 Every instructor who has been provided by Training Academy has to take two/three classes per week up to three months(please specify either the exact figure of no. of classes to be taken in each month or total classes to be taken in 3 months) (If honorarium is paid on monthly wise, there should be mandatory figure of classes to be taken in every week too)
- 6.2 Timing of these classes should be according to the instructions of the Headmaster/Principal of the school/college.

6.3 The PETs concerned have to present during the sessions commenced by the professionals.

6.4 Please specify the mandatory classes to be taken for practical classes.

7. **COVERAGE:** The programme has to cover all the Government Schools in Andhra Pradesh State. The number of 255720 Girl Students of 6th to 8th (in 3741 Elementary Schools) to the worth of Rs.651.2 Lakhs and 746170 Girl Students of 9th to 12th classes (in 6302 Secondary Schools) in Andhra Pradesh.

8.KEY EVENTS:

Sl. No	Information	Details
1.	EOI No. and date	RLAPR-SD Dated: 12.2022
2.	Eoi validate period	120 days
3.	Starting Date for submission of Proposals	19.12.2022 (Monday)
4.	Last date for submission of Proposals	03.01.2023 (Tuesday)
5.	Opening of proposals	04.01.2023 (Wednesay)
6.	Technical presentation of the shortlisted applicants	To be intimated later
7.	Contact person for any assistance	9440151978 (GCDO-Samagra Shiksha)
8.	Address for submission of proposals	THE STATE PROJECT DIRECTOR, SAMAGRA SHIKSHA , K.B.C ZILLA PARISHAD HIGH SCHOOL (B) PREMISES, HIGH SCHOOL ROAD, PATAMATA, VIJAYAWADA - 520 010. ANDHRA PRADESH

9. **COMPLIANT PROPOSALS/COMPLETENESS OF RESPONSE:** Submission of the proposal shall be deemed to have been done after careful examination of the documents with full understanding of its implications. Failure to comply with the requirements of this EOI may render the proposal non-compliant and the proposal may be rejected. Applicants must:

- Include all documentation specified in this document.
- Follow the format of this document and respond to each element in the order as set out in this document
- Comply with all requirements as set out within this document.

10. SUBMISSION OF RESPONSE TO THE EOI: The proposal need to be submitted as per the formats enclosed in Annexure.

- a) The proposal should comprise all the formats and documents as listed in Annexure.
- b) In preparing the proposal, the applicant is expected to examine this document in detail. Material deficiencies in providing the information requested in the document may result in rejection of the proposal.
- c) The applicants shall bear all costs associated with the preparation and submission of proposal.
- d) Samagra Shiksha is not bound to accept any proposal, and reserves the right to annul the selection process at any time prior to the selection, without thereby incurring any liability to the applicant.
- e) An authorized representative of the applicant shall sign and stamp on each page of original proposal.
- f) If the envelopes and packages with the proposal are not sealed and marked as required, Samagra Shiksha will assume no responsibility for the misplacement, loss, or premature opening of the proposal.
- g) The proposal along with supporting documents in a sealed cover must be sent to the address indicated in the **Key events & dates section** and must be received by Samagra Shiksha no later than the deadline indicated in the **Key events & dates**, or any extension to this deadline. Any proposal or its modification received by Samagra Shiksha after the deadline shall be declared late and rejected, and promptly returned unopened.
- h) An original and a duplicate copy of proposal, together in one envelop titled as ***“Response to the EOI for the selection of Organization for implementation of Rani Laxmibai Atma Raksha Prashikshan - Self Defense Training in Andhra Pradesh -2022-23***, should be sent to the address as mentioned in **Key events & dates section**.

11. CONFIDENTIALITY:

- a) From the time the EOIs are opened to the time the selection is announced, the applicants should not contact Samagra Shiksha for any matter related to the EOI evaluation. Information relating to the evaluation of EOIs and award recommendations shall not be disclosed to the applicants who submitted the

EOIs or to any other party not officially concerned with the process, until the publication of the selection announcement.

- b) Any attempt by the applicant to influence improperly the Samagra Shiksha in the evaluation of the EOIs and further award decisions may result in the rejection of its EOI.

12. LATE PROPOSALS:

- a) EOIs received after the deadline for any reason shall not be considered for further evaluation.
- b) Samagra Shiksha shall not be responsible for any postal delay or non-receipt/ non-delivery of the proposals. No further correspondence on the subject will be entertained.
- c) Samagra Shiksha reserves the right to modify and amend any of the above-stipulated condition/criterion depending upon project priorities vis-à-vis urgent commitments.

13. DISQUALIFICATION: The EOI would be disqualified at any time during the evaluation process at the sole discretion of the **Samagra Shiksha**, for the following reasons:

- a) Submitted the EOI after the response deadline.
- b) Made misleading or false representations or suppressed relevant information in the EOI including documents, forms, statements, attachments, presentations, etc. submitted as proof of the eligibility requirements or as part of the EOI.
- c) Failure to meet any of the eligibility criteria as mentioned in the document.
- d) Failure to provide clarifications, non-responsive and/or substantive responses, when sought.
- e) Blacklisted by the Government of India (“Gol”), State Government or any other Government owned agency for corrupt, fraudulent practices or reasons related to non-performance in an engagement until the date of opening of EOI.

14. RIGHT TO ACCEPT OR REJECT ANY OR ALL PROPOSALS: Samagra Shiksha reserves the right to accept or reject any EOI, and to annul the evaluation process and reject all proposals at any time prior to award of contract, without thereby incurring any liability to the affected proposal or applicants or any obligation to inform the affected proposal or applicants of the grounds for Samagra Shiksha action.

15. ELIGIBILITY:

Preference will be given to the Training Academy who will provide authorized women instructors, to those who are found to be good in the art so that they could make teaching karate-do as a profession.

15.1 The Training Academy should have a list of Instructors are to be specially trained in self defense and licensed (Passed Diploma in Judo/ Karate/ Kickboxing/ Taekwondo from centers of National Institute of Sports and different Martial Arts who have obtained Black belt or its equivalent certificate from recognized University/Institute/Dojo) are eligible to train the students in schools.

15.2 The training academy should have minimum Three (03) year experience in conducting Martial Arts/self defense trainings to Girl Student.

15.3 Preference will be given to the institutions having similar kind of experience in High Schools/Colleges.

15.4 Each of these instructors provided by the Agency/Institution must have extensive training experience and complete unique specialist instructor training program.

15.5 Training Academy with authorized trained professional instructors will be given preference, which is found to be good in the art.

15.6 District wise 50 trainers should be available with the Academy and the **Academies who do not provide the details of the District wise 50 trainers in their application will be strictly rejected.**

15.7 Individual self defense application shall not be considered.

16. CONDITIONS:

16.1 The selected organization should provide only lady trainers to the Girl Students.

16.2 Selected Training Academy will be allocated with a fixed number of schools to provide training.

16.3 Finalizing the number of Training Academies and selection criteria are as per the direction of State Government.

16.4 The training instructors provided by the Training Academy will be supported by the Samagra Shiksha as per the conditions mentioned below.

16.5 Each Training instructor has to give his\her willingness to provide self defense training to all the girl students studying in the Government Schools under Samagra Shiksha.

16.6 The broad model is that instructors will be paid honorarium for the trainers depending upon the classes taken in each month/monthly.

16.7 Chief instructors of the Institution eligibility is level 5th Dan/Degree Black belt and above.

17. SELECTION CRITERIA:

Eligibility of authorized Training Academy will be evaluated based on their qualification, Experience and capability of training girl students by Five Member Expert Committee nominated by the Department.

BID EVALUATION:

S. No.	Technical Parameters	Maximum Score
1	Meeting the basic eligibility criteria of experience	10
2	Previous Engagements of Similar Nature on Record including Projects undertaken for Government Departments / Institutions (Documentaries, Agreements, Referrals etc.)	15
3	Team Profile & Faculty Membership with Collective Experience	15
4	Financial Management (up to 20 Lakhs turnover per annum)	10
5	Technical Presentation	50
6	TOTAL	100

18. Training period completion required - 3 Months Duration

19. **Expected coverage:** The details of number of Districts, Mandals / Locations, Schools and Students are as mentioned in the table below. District-wise No. of Schools/Colleges under different managements for implementing Rani Laxmibai Atma Raksha Prashikshan - Self Defense Training for Adolescent Girls under Samagra Shiksha.

A.ELEMENTARY LEVEL FOR THE YEAR 2022-23

S. No	New District Name	AP MODEL SCHOOLS		APREI Society Schools		APSWREI Society Schools		APTWREI Society Schools		Govt. Oriental Schools		KGBVs(SS A)		MPP_ZPP SCHOOLS		MUNCIPAL		State Govt		State Govt.(DNT)		TW DEPT. ASHRAM SCHOOLS		Total No of School s	Total No of Girls
		No of Sch ool s	No of Girls	No of Sch ool s	No of Girls	No of Sch ool s	No of Girls	No of Sc ho ols	No of Girls	No of Sc ho ols	No of Girls	No of Sch ool s	No of Girls	No of Scho ols	No of Girls	No of Sch ool s	No of Girls	No of Scho ols	No of Girls	No of Sch ool s	No of Girls	No of Sch ool s	No of Girls		
1	Srikakul am	10	1504	5	870	3	504	1	90					280	13716	6	694	15	1902			4	493	324	19773
2	Viziana garam	4	549	1	231	3	646			1	112			185	10223	2	453	4	727			1	235	201	13176
3	Visakha patnam			1	236									35	4504	17	2618	2	479					55	7837
4	East Godava ri					1	189							94	6881	12	1303	1	134					108	8507
5	West Godava ri													51	1332	4	253							55	1585
6	Krishna													83	1752	2	74							85	1826
7	Guntur							1	81					96	7823	11	1653	1	117					109	9674
8	Prakasa m	2	212	1	241	5	1031							192	12334	3	363	13	1818			4	185	220	16184
9	Kurnool	10	1003	6	1466	4	973							161	18495	6	1549	2	40					189	23526
10	Chittoor					1	107	1	106					118	2360			1	37	1	41			122	2651
11	Anakap alli	4	528	1	238	4	808							165	10290	1	166	5	446					180	12476
12	Ananth	9	966			2	360							191	10349	11	1486	2	645					215	13806

	apuram																								
13	Annam ayya	3	429	1	240	2	407							100	5097	4	90	1	81					111	6344
14	ASR							7	764					30	774			14	421			36	385 5	87	5814
15	Bapatla	1	103	1	242	3	732							113	7037	4	748	4	685			1	22	127	9569
16	Eluru							1	59	1	57			89	2399	2	52					1	68	94	2635
17	Kakinad a	2	294	1	224	1	239			1	14			142	11474	9	1559	5	1146			2	276	163	15226
18	Konase ema					2	216							150	12208	4	333	4	340					160	13097
19	Manya m	1	64	1	231	2	439	4	393					72	3172	4	461	1	73			12	194 2	97	6775
20	Nandya l	17	1906	1	239	1	234	2	90					170	12332	3	194	3	168			4	109	201	15272
21	NTR													68	1713	5	151							73	1864
22	Palnadu	7	980			2	685	2	151			1	120	159	14195	3	186	1	130			2	267	177	16714
23	SPS Nellore	1	75			1	242	1	104					135	3905	3	203	1	114			1	21	143	4664
24	Sri Satyasai	8	760	2	521	3	596	1	93			1	120	160	8734	10	812							185	11636
25	Tirupati													102	2338	7	260	1	18					110	2616
26	YSR Kadapa	2	308	2	368	7	153 5							135	9346	1	577	3	339					150	12473
	Grand Total	81	9681	24	534 7	47	994 3	2 1	193 1	3	183	2	240	327 6	19478 3	13 4	1623 8	84	9860	1	41	68	747 3	3741	255720

B.SECONDARY LEVEL (IX TO INTER 2ND YEAR) FOR THE YEAR 2022-23:

S.No	New District Name	AP MODEL SCHOOLS		APREI Society Schools		APSWREI Society Schools		APTWREI Society Schools		KGBVs(SSA)		MINI GURUK ULAMS		MPP_ZPP SCHOOLS		MUNCIPAL		State Govt.		TW DEPT. ASHRAM SCHOOLS		Total No of Schools	Total No of Girls
		No of Sch ools	No of Girls	No of Scho ols	No of Girls	No of Scho ols	No of Girls	No of Scho ols	No of Girls	No of Scho ols	No of Girls	No of Sch ool s	No of Gir ls	No of Schools	No of Girls	No of Scho ols	No of Girls	No of Scho ols	No of Girls	No of Sch ools	No of Girls		
1	Anakapalli	5	1309	2	606	6	1909			20	3433			197	19409	6	843	10	859	1	232	247	28600
2	Ananthapuram	16	3100	1	235	11	2790	2	166	32	4724			219	17380	18	3447	52	9782			351	41624
3	Annamayya	17	3617	7	1408	8	2419	2	376	22	3439	1	73	187	15167	6	1045	7	1000			257	28544
4	ASR							9	1649	19	2768			23	1419			11	495	66	11426	128	17757
5	Bapatla	1	154	2	363	7	1738	1	63	4	582			136	12105	7	1269	7	1281			165	17555
6	Chittoor	7	1349	3	517	5	1344			8	1319			251	18899	8	1159	71	10017			353	34604
7	East Godavari			1	94	10	2293	1	189					150	17930	17	2230	51	11273	1	79	231	34088
8	Eluru			3	535	5	1939	1	250	3	439			182	18194	7	1446	5	712	12	1312	218	24827
9	Guntur			1	97	3	584	1	71					105	10854	23	4212	26	3676			159	19494
10	Kakinada	2	264	1	222	7	1562			4	509			170	21201	23	4263	8	1646	2	290	217	29957
11	Konaseema					3	671							195	19871	10	1136	5	518			213	22196
12	Krishna			2	252	5	1438	1	123					153	12603	13	1592	29	4950			203	20958
13	Kurnool	16	3186	5	1204	6	2056	3	519	26	3989			196	21302	14	2571	50	9131	1	85	317	44043
14	Manyam	4	876	1	198	3	1080	4	959	14	2105			75	5887	5	728	6	514	22	3445	134	15792
15	Nandyal	20	4144	1	404	5	1878	1	94	27	3691			165	14477	4	469	10	1678	1	106	234	26941
16	NTR	2	424	1	87	5	1920	4	481	3	357			112	11998	28	4278	2	133			157	19678
17	Palnadu	14	3254	1	112	5	1826	3	218	24	3468			162	18127	3	857	2	181			214	28043
18	Prakasam	6	1264	1	233	11	3193	3	486	28	4022			232	20022	6	994	50	7183	2	107	339	37504
19	SPS Nellore	11	2076	4	695	8	2853	4	568	12	1630			217	17886	20	3249	37	4827	1	264	314	34048
20	Sri Satyasai	10	1871	2	755	4	1249	3	385	30	4083			196	15984	12	2233	5	643			262	27203
21	Srikakulam	13	3176	4	596	6	1873	1	328	25	4021			262	20895	15	1796	67	13860	11	1264	404	47809

22	Tirupati	5	919	2	338	7	2832	8	1148	5	826			217	17308	14	1328	9	907			267	25606
23	Visakhapatnam			2	392	2	571	5	1671	3	555			59	9053	21	3170	41	10380			133	25792
24	Vizianagaram	13	3147	4	1003	5	1614	2	598	26	4470			206	18514	5	945	26	5572	2	383	289	36246
25	West Godavari			1	155	2	403	1	357					167	16758	24	3217	39	5915			234	26805
26	YSR Kadapa	3	810	4	682	10	2849			17	2599			177	14673	16	2674	35	6169			262	30456
	Grand Total	165	34940	56	11183	149	44884	60	10699	352	53029	1	73	4411	407916	325	51151	661	113302	122	18993	6302	746170

NOTE: The interested Training Academies have to inform the office in a required proforma as mentioned above by.....on
or before **5:30 PM** and no Eols shall be entertained thereafter.

Enclosures (Application Form)

Proforma for Technical Evaluation for the Expression of Interest for Implementation of Self Defense Skills Training for Girl Students of 6th to 8th (Elementary) and 9th to 12th (Secondary) classes of Schools and Intermediate Colleges (except Private Management) in Andhra Pradesh

A. Personal Details:

1. Name of the Training Academy:
2. Address of the Training Academy (including branches):
3. Contact Person Name, Designation, Contact Number & E-Mail ID:
4. Bio-data of the Head of the Training Academy:
5. Year of Registration of the Training Academy:
6. Whether enclosed registration copy of the Training Academy (Yes/No):
7. Experience Certificate of the Concerned:
8. If any Government Experience, Work Orders along with Satisfactory /Completion Certificate from the concerned Department.

B.Experience Details:

Whether provide Training Instructors in all Districts of Andhra Pradesh who holds Pass Diploma in Judo/Karate/ Kick Boxing/Taekwondo from centers of National Institute of Sports and different martial arts black belt.	No. of Years of Operation in Providing Self Defense Trainings	Whether Provided training in all SELF DEFENSE SKILLS Stated in the Syllabus above at S.No. 4 of the Eol	Trainings conducted in Self defense Skills	Trainings done in Similar category i.e. self defense skills training to girls in Govt.Schools	No. of Self Owned operational Centers in A.P.
Yes/No If Yes. Provide the district wise list of instructors with qualifications and experience details (Minimum 50 Instructors per each District is compulsory)	(As on 31.10.2022)	Yes/No	(Last 5 F.Y.- Number and Details of trainings since 01.06.2017 to 31.05.2022)	If yes, give details of a)Names of States b)No. of Schools c)Years of Experience d)Self defense techniques trained	Total no. along with centre details

**State Project Director,
Samagra Shiksha, Andhra Pradesh**